



Alternative Seating for Alternative Students

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Alternative Seating for Alternative Students

- Welcome!
- Find a seat on a stability ball.



Alternative Seating for Alternative Students

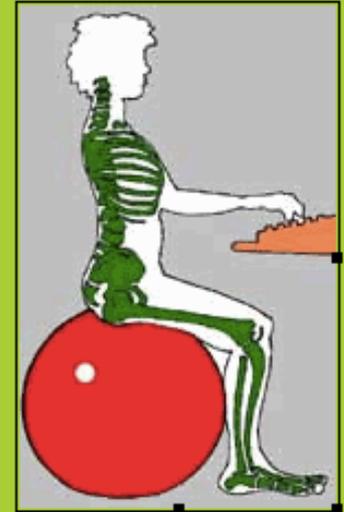
Meet Isaiah



Alternative Seating for Alternative Students

- Background
- Benefits
- Research
- Methods

- Enhances attention and concentration
- Improves learning through movement
- Promotes "active sitting"- with little to no disturbance
- Assists in improving posture
- Improves blood flow to all parts of the body, especially the brain
- Strengthens core (postural) & back muscle groups
- Improves balance and coordination



Alternative Seating for Alternative Students



- Results

Alternative Seating for Alternative Students

- Questions
- Comments

