How to Academically Advise ALL Students

Shelly Ellis
Executive Director
School Support
Shelly.Ellis@sde.ok.gov
Alignment to Learning Forward Standards

• The new education law, Every Student Succeeds Act (ESSA), redefines professional development with a purposeful influence from Learning Forward.

• Learning Forward, a national association recognized as leaders in professional learning, has established standards for professional learning that set a high bar for quality learning experiences.

• This session aligns to the following standard(s):
  
  • Leadership - Professional learning that increases educator effectiveness and results for all students requires skillful leaders who develop capacity, advocate, and create support systems for professional learning.
  
  • Data - Professional learning that increases educator effectiveness and results for all students uses a variety of sources and types of student, educator, and system data to plan, assess, and evaluate professional learning.
People Like Me

• People Like Me...
Who Are Your Students?

• What are the demographics of your school?
• What does academic advising look like in your school?
What’s the Plan??
What is Academic Advising?

Academic Advising is an opportunity to exchange information designed to help students reach their educational and career goals.

"I read your college application essay. First of all the word 'COLLEGE' has two 'L's."
Purpose

• The focus of academic and career planning is threefold:
  • to help students acquire the skills to achieve academic success
  • to make connections between school and life experiences
  • to acquire knowledge and skills to be college and career ready upon high school graduation.
Characteristics of Academic Resilient Students

- Social competence
- Problem-solving skills
- Internal locus of control
- A sense of purpose
- Motivation and goal orientation
- Academic self-efficacy

- Learning environment
- Relationships that provide care & support
- Non-parental sources of support from peers, siblings, and teachers
- Availability of community organizations
Advising Marginalized Students

• Empowering Students
  • Empowerment is related to psychological well-being, academic engagement, and academic performance

• Empowerment is a significant construct for youth of color
  • Developing personal relationships with students
  • Involving alumni
  • Building sociocultural awareness
  • Encouraging social action

Advising Marginalized Students

• Building meaningful relationships
  • Show students you care
  • Challenge personal biases about students living in poverty
  • Be visible and accessible

• Build on the cultural wealth of students
  • Nurture aspirational capital
  • Leverage social capital

• Implementing Comprehensive School Counseling Programs
Advising Marginalized Students

- Availability of Mental Health Services
  - Refer students and families to needed resources
  - Teach life skills

- Social Justice Advocacy
  - Challenging systematic barriers that obstruct the personal, social, academic, and career aspirations of all students
ASCA’s Position

School counselors recognize that each student possesses unique interests, abilities and goals, which will lead to various future opportunities. Collaborating with students, families, educational staff and the community, the school counselor works to ensure all students develop an academic and career plan reflecting their interests, abilities and goals and includes rigorous, relevant coursework and experiences appropriate for the student.
The Counselor’s Role

The school counselor takes a proactive role in assisting students, families and staff as they assess student strengths and interests and encourage the selection of a rigorous and relevant educational program supporting all students’ college and career goals. School counselors provide all students the opportunity to:

- Demonstrate skills needed for school success
- Demonstrate the connection between coursework and life experiences
- Make course selections that allow them the opportunity to choose from a wide range of post-secondary options
- Explore interests and abilities in relation to knowledge of self and the world of work
- Identify and apply strategies to achieve future academic and career success
- Demonstrate the skills for successful goal setting and attainment
- Develop a portfolio to highlight strengths and interests
Equity ensures that every student or group of students has what they need to be successful.
Data

Data guides your work and helps you assess gaps and disparities - informs your practice as a counselor and school.
System Wide Work

System wide work means that you are leading the effort to create a college-going culture in all aspects of students’ lives.
Systemic K-12 Approach to College & Career Readiness Counseling

**Elementary School:** To create early awareness, knowledge and skills that lay the foundation for academic rigor and social development necessary for college and career readiness.
Systemic K-12 Approach to College & Career Readiness Counseling

**Middle School:** To create opportunities to explore and deepen college and career knowledge and skill necessary for academic planning and goal setting.
Systemic K-12 Approach to College & Career Readiness Counseling

High School: To create college and career pathways that promote full implementation of personal goals that ensure the widest range of future life options.
Eight Components of College & Career Readiness Counseling

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Eight Components of College & Career Readiness Counseling

• College Aspirations
• Academic Planning for College and Career Readiness
• Enrichment and Extracurricular Engagement
• College and Career Exploration and Selection Processes

• College and Career Assessments
• College Affordability Planning
• College and Career Admissions Processes
• Transition from High School Graduation to College Enrollment

Retrieved on October 6, 2016, from:
College Aspirations

**GOAL**: Build a college-going culture based on early college awareness by nurturing in students the confidence to aspire to college and the resilience to overcome challenges along the way. Maintain high expectations by providing adequate supports, building social capital and conveying the conviction that all students can succeed in college.

**GRADE LEVEL**: Elementary, Middle, High
College Aspirations

• **Elementary**
  • Attendance
  • Discipline
  • Promotion

• **Middle**
  • Attendance
  • Discipline
  • Promotion
  • GPA

• **High**
  • Attendance
  • Discipline
  • Promotion
  • GPA
  • Dropout
Academic Planning for College & Career Readiness

GOAL: Advance students’ planning, preparation, participation and performance in a rigorous academic program that connects their college and career aspirations and goals.

GRADE LEVEL: Elementary, Middle, High
Academic Planning for College & Career Readiness

Measure academic progress.

• Elementary
  • Reading on grade level in grade 3
  • Proficiency in state tests for English, math and science

• Middle
  • Proficiency in state tests for English, math and science
  • Students enrolled in and completing Algebra I

• High
  • Students enrolled in and completing courses required for in-state university admission
  • Proficiency in state tests for English, math and science
  • Students enrolled in and completing Algebra I
  • Students enrolled in and completing AP courses
Enrichment & Extracurricular Engagement

**GOAL:** Ensure equitable exposure to a wide range of extracurricular and enrichment opportunities that build leadership, nurture talents and interests, and increase engagement with school

**GRADE LEVEL:** Elementary, Middle, High
Enrichment & Extracurricular Engagement

Measure engagement in enrichment and extracurricular activities.

• Elementary, Middle, High
  • Participation in enrichment activities
  • Participation in extracurricular activities
  • Students in leadership positions in enrichment and/or extracurricular activities
College & Career Exploration & Selection Processes

**GOAL:** Provide early and ongoing exposure to experiences and information necessary to make informed decisions when selecting a college or career that connects to academic preparation and future aspirations.

**GRADE LEVEL:** Elementary, Middle, High
College & Career Exploration & Selection Processes

Measure the participation in exploration of college and career opportunities.

• Elementary
  • Participation in college and career exploration programs.

• Middle
  • Participation in college and career exploration programs

• High
  • Participation in college and career exploration programs
  • College and career/technical school application completion
  • College and career/technical School application submission
College & Career Assessments

**GOAL:** Promote preparation, participation and performance in college and career assessments by all students.

**GRADE LEVEL:** Elementary, Middle, High
College & Career Assessments

Measure the participation in the assessment process and level of performance.

• Elementary
  • Participation in career/interest assessments

• Middle
  • Participation in career/interest assessments
  • Participation in pre college assessments
  • Performance in pre college assessments

• High
  • Participation in career/interest assessments
  • Participation and Performance in PSAT, Pre-ACT
  • Participation and Performance on SAT, SAT Subject Tests and ACT
College Affordability Planning

**GOAL:** Provide students and families with comprehensive information about college costs, options for paying for college, and the financial aid and scholarship processes and eligibility requirements, so they are able to plan for and afford a college education.

**GRADE LEVEL:** Elementary, Middle, High
College Affordability Planning

Measure participation in financial literacy and financial planning activities.

• Elementary
  • Participation in early awareness financial literacy and financial aid initiatives

• Middle
  • Participation in early awareness financial literacy and financial aid initiatives
  • Participation in financial aid planning processes

• High
  • Participation in early awareness financial literacy and financial aid initiatives
  • Participation in financial aid planning processes
  • Scholarship application completion
  • Free Application for Federal Student Aid (FAFSA) completion
College & Career Admissions Processes

**GOAL:** Ensure that students and families have an early and ongoing understanding of the college and career application and admission processes so they can find the postsecondary options that are the best fit with their aspirations and interests.

**GRADE LEVEL:** High
College & Career Admissions Processes

Measure acceptance data.

• High
  • Two- and four-year college acceptance
  • Career and technical school acceptance
  • Early action or early decision acceptance (four-year institutions)
Transition from High School Graduation to College Enrollment

**GOAL:** Connect students to school and community resources to help the students overcome barriers and ensure the successful transition from high school to college.

**GRADE LEVEL:** High
Transition from High School Graduation to College Enrollment

Measure transition from high school to college enrollment.

• High
  • Final transcripts processed
  • Two- and four-year college enrollment
  • Career and technical school enrollment
## Eight Components of College & Career Readiness Counseling

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Individual Career Academic Plan (ICAP)

An Individual Career Academic Plan is a multi-year process that intentionally guides students as they explore career, academic, and postsecondary opportunities.

Beginning with the family and student involvement in the ICAP process and support from educators, students develop the awareness, knowledge, and skills to create their own meaningful pathways to be career and college ready.
ICAP Purpose

Individual Career Academic Plan process helps students consider a future career and helps them design the way to get there. Students have an opportunity to determine their interests and passions and ways to explore and experience career opportunities. With increased knowledge, students, with family and educator support, can create their individual career pathway to success.
Resources

#ReachHigher
https://www.whitehouse.gov/reach-higher

#BetterMakeRoom
https://bettermakeroom.org/

College Board Counselor Connections
https://professionals.collegeboard.org/guidance/counseling/counselor-resources

ACT Profile for Counselors, Teachers and Administrators - College and Career planning tools and resources
Resources

Oklahoma Career Guide
https://okcareerguide.kuder.com/landing-page

OK College Start
https://secure.ok collegestart.org/

The Condition of College and Career Readiness 2016 - Oklahoma Key Findings
https://www.act.org/content/dam/act/unsecured/documents/state37_Oklahoma_Web_Secured.pdf

Oklahoma City Community Foundation Scholarship Directory
http://occf.org/directory/

Oklahoma State Department of Education Website
http://sde.ok.gov/sde/counseling
Resources

NCAA Clearinghouse
http://www.ncaa.org/student-athletes/future/eligibility-center

Ohio Career Advising and Student Success Plan
http://education.ohio.gov/Topics/Career-Tech/Career-Connections/Career-Advising-Policy-and-Student-Success-Plan

American School Counseling Association
https://www.schoolcounselor.org/


